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Mrs. Reed

Speech 1

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Demonstration Outline: How to Sew a Button

I. Materials

- a. Fabric
- b. Button
- c. Thread
- d. Scissors
- e. Needle
- f. Optional: Needle Threader

II. Goals:

- a. Students will be able to repair a shirt or other garment for use if a button has been lost or torn off.

III. Warnings

- a. Needs may be sharp, handle with care
- b. Scissors should be used for trimming of thread only

IV. Plan Steps

- 1) Assemble all materials in your workspace.
- 2) Measure out & cut a length of thread, approximately as long as one hand to the opposite shoulder.

- 3) With Needle in non-dominant hand, point facing down, thread needle eye with string. (Recommend wetting thread at end to smooth before threading.)
 - i. Optional: Place Needle Threader through eye of needle, place thread through wire & Pull threader out of the eye thus threading the needle
- 4) Pull string ends until they meet, needle should be at the ½ way point on the thread
- 5) Loop thread in a circle, pulling loop to almost the end of the thread to create a knot.
- 6) In non-dominant hand place fabric print side up and button in the center-hold with thumb of non-dominant hand on top and remaining fingers underneath.
- 7) Insert Point of needle into fabric under 1st hole of the button, pull through gently as to not pull knot through fabric. (Coming from underside of fabric to the topside)
- 8) Insert Needle into opposite hole of button, through fabric and back out of the underside of the fabric creating a line on the top of the button.
- 9) Repeat Steps 7 & 8 three more times to secure button.
 - i. OPTIONAL: If you have a 4 Hole button you can repeat in 1 remaining holes to either create parallel stitch lines or an X pattern.
- 10) To finalize and secure button:
 - i. Turn fabric over to the Non-Patterned side
 - ii. Slide Needle under a previous stitch & loop to create a knot, pull loop securely against the Fabric.
- 11) Trim Thread